

N O R D I C
ARTS  HEALTH RESEARCH
N E T W O R K

**Nordic Arts & Health Research Network meeting on 24–25 October 2023,
Hanaholmen, Espoo, Finland**

Venue: Swedish-Finnish Cultural Centre [Hanaholmen](#) (Hanasaarenranta 5, 02100 Espoo).

Programme:

Tuesday 24th October

8.30 – 9.00 Registration

9.00 – 9.15 Welcome words

9.15 – 10.15 Keynote: *Artist's path in elderly care*
Elli Isokoski (Myrskyryhmä art group)

Dance artist Elli Isokoski from Myrskyryhmä speaks about her work with dance and elderly people. What has motivated her to work in this field over 20 years. What does working in the field of arts, health and wellbeing give to artist? What kind of ethical questions you face when working with people in care?

10.15 – 10.25 Break

Session: Training and methods in Music-based caregiving

10.25 – 10.45 *The national educational program in Music-based caregiving; political anchoring*
Marit Stranden (Norwegian Resource Centre for Arts and Health)

10.45 – 11.30 *Workshop: Music-based caregiving: a tool for an inclusive learning environment and coping with life*
Charlotte Stav & Helene Waage (Norwegian Resource Centre for Arts and Health)

11.30 – 12.45 Lunch at restaurant [PLATS](#)

Session: Exploring the key competences of creative wellbeing professionals

12.45 – 13.05 *Mapping and conceptualising the key competences of arts & health professionals*
Liisa Laitinen (Turku University of Applied Sciences)

13.05 – 13.50 *Workshop: Socially Engaged Arts Practice: Probing the Key Competences of Cultural Well-being Professionals*
Eeva Siljamäki (University of Jyväskylä) & **Kai Lehtikoinen** (University of the Arts Helsinki)

13.50 – 15.00 Art tour at Hanaholmen & coffee + snacks

15.00 – 16.00 Discussion: *Future of the Nordic network*

Session: Art therapy education

16.00 – 16.20 *Pioneering master's education in art therapy at the Oslo Metropolitan University*
Mimmi Rankanen (Oslo Metropolitan University)

16.20 – 16.40 *The history of art therapy education at Oslo Metropolitan University – OsloMet*
Kristin Benedicte Svendsen (Oslo Metropolitan University)

18.00 -> Network dinner at restaurant [PLATS](#)

Wednesday 25th October

Session: Multiprofessional collaborations

- 9.00 – 9.20 *Artists and multiprofessional collaboration in care homes for older people*
Teija Nuutinen (University of Eastern Finland)
- 9.20 – 9.40 *Evidence based music interventions in neurological rehabilitation - multiprofessional collaboration in RCT protocols*
Sari Laitinen (Espoo Hospital / Helsinki University)
- 9.40 – 10.00 *Artist-researcher collaboration: the case of transgenerational grassroots comics workshops*
Inkeri Aula & Masood Masoodian (Aalto University)
- 10.00 – 10.15 Break
- 10.15 – 11.00 Discussion: Planning new Nordic research projects

Session: Integrating the arts as part of healthcare systems

- 11.00 – 11.20 *How healthcare clowns can contribute to more supportive hospital environments: RED NOSES Partnership Evaluation*
Silvia De Faveri (Research and Learning Department, RED NOSES International)
- 11.20 – 11.40 *Arts on prescription's effects of on common mental disorders: A controlled study with 12 months follow-up*
Paula Bergman (Jönköping University & Region Jönköping)
- 11.40 – 12.15 Summing up the discussions, next meeting and good bye!
- 12.15 – 13.30 Lunch at restaurant [PLATS](#) & networking



**NORDIC-BALTIC
MOBILITY
PROGRAMME**

Culture

