

N O R D I C
ARTS  HEALTH RESEARCH
N E T W O R K

Nordic Arts & Health Research Network meeting on 11-12 May 2023, Malmö, Sweden

Venue: [Clinical Research Center](#), (Jan Waldenströmsgata 35)

Programme:

Thursday 11th May

8.45 – 8.55 Registration

8.55 – 9.00 Welcome

9.00 – 10.00 Keynote: *Arts, Culture and Public Health: Passion, Scepticism and Critique*
Stephen Clift (Sidney De Haan Research Centre for Arts and Health, Canterbury Christ Church University)

There is much in the field of Arts, Culture and Public Health to be passionate about. The public health challenges we face nationally and internationally are immense and social and health inequalities are growing. We need to draw on all possible resources to strengthen our collective efforts to protect and promote individual and population health. Community assets provided by heritage, culture and the arts are potentially powerful resources to help achieve our goals. Considerable strides have been made in arts, culture and health practice and research over the last two decades. We should celebrate the advances made and the growing commitment internationally to the concept of social prescribing to improve health and wellbeing among those most in need of support. We need to be realistic, however, about the value of cultural engagement and the planned use of arts programmes for health and wellbeing. Can culture and the arts make a substantial contribution or is their role relatively minor? Can provision of opportunities for cultural and creative participation be scaled up and delivered equitably to begin to address social and health inequalities? In this presentation, I argue that our enthusiasm for the value of culture and the arts for health and wellbeing needs to be tempered by scepticism and informed by robust critique of existing research studies and evidence reviews.

- 10.00–10.15 *10 years with Arts on Prescription: Lessons learned about collaboration and financing*
Paula Bergman (Jönköping University & Region Jönköping)
- 10.15– 10.30 *Prescribing aesthetic experiences as healthcare*
Anita Jensen (Region Skåne & Lund University)
- 10.30–10.50 Break (coffee & snacks)
- 10.50–11.05 *Relaxed Performance: Promoting Creative Wellbeing for All*
Anita Salamonsen (UiT the Arctic University of Norway) & **Ulrikke Benestad**
(Hålogaland Theatre) & **Wenche Torrissen** (Volda University College & Norwegian
Resource Center for Arts and Health)
- 11.05–11.20 *Approaching education through the senses*
Eleanor Dodson (Høgskulen i Volda)
- 11.20–11.35 *Psychodrama, aesthetic experiences, eudaimonic well-being and public health*
Siri Skar (University of Agder)
- 11.35–11.50 *Consent as an aesthetic experience*
Karoline Dalby (University of Tromsø)
- 11.50–12.45 Lunch (served at the restaurant)
- 12.45–13.00 *Music and wellbeing in a performative universe - promoting public health via arts in
education*
Anne-Lise Heide (NTNU)
- 13.00–13.15 *Co-singing as musified togetherness for people with dementia and their close ones*
Helene Waage (Norwegian Resource Center for Arts and Health)
- 13.15–13.30 *Transforming illness experiences through a co-creative dance practice for your cancer
survivors: a pilot study*
Sarah Pini (University of Southern Denmark)
- 13.30–13.45 *Magic, mercifulness, relatedness, and paradoxal revelations: Qualitative evaluation
of social work and health care professionals' experiences of reading and writing
groups*
Elina Renko (The University of the Arts Helsinki) & **Jussi Valtonen** (The University of
the Arts Helsinki)
- 13.45–14.00 *Engagement in cultural activity and public health. The HUNT Study, Norway*
Bente Irene Løkken (Norwegian Resource Center for Arts and Health)

- 14.00–14.15 Break (coffee & snacks)
- 14.15–15.00 Discussion: *Next steps for the Nordic Arts & Health Research Network?*
Anita Jensen (Region Skåne & Lund University) & **Liisa Laitinen** (Turku University of Applied Sciences) & **Wenche Torrissen** (Volda University College & Norwegian Resource Center for Arts and Health) & **Eva Bojner Horwitz** (Royal College of Music Stockholm & Karolinska Institutet)
- 15.00–15.45 Workshop: *How to critically appraise evidence reviews*
Stephen Clift (Sidney De Haan Research Centre for Arts and Health, Canterbury Christ Church University)
- 15.45 End of day 1
- 15.55 Meet at reception to walk to the museum together
- 16.30–17.30 Guided tour at museum Tal R and Mamma Andersson exhibition
[Tal R & Mamma Andersson – Runtom Hill - Malmö stad \(malmo.se\)](https://www.malmo.se/en/visning/2024-09-10-tal-r-mamma-andersson)
- 18.00 Network dinner (restaurant TBA)

Friday 12th May

- 9.00–9.40 Workshop: *Everyday Aesthetics: Learning from Art for Life?*
Max Liljefors (Lund University) & **Peter Bengtsen** (Lund University)
- 9.40–10.20 Workshop: *Mapping “well-being”: A reflective workshop*
Lisbeth Frølund (Roskilde University) & **Birgitte Henningsen** (Aalborg University)
- 10.20–10.40 Break (coffee & snacks)
- 10.40–10.55 *Do the new Norwegian Public Health strategy give new possibilities for the field of arts and health?*
Marit Stranden (Norwegian Resource Center for Arts and Health)
- 10.55–12.05 Workshop: *With curiosity and care: arts practice and research*
Anita Jensen (Region Skåne & Lund University) & **Liisa Laitinen** (Turku University of Applied Sciences)
- 12.05–12.15 Next meeting and good bye!
- 12.15 -> Lunch (eat in or take away)



**NORDIC-BALTIC
MOBILITY
PROGRAMME**

Culture

