

N O R D I C  
ARTS  HEALTH RESEARCH  
N E T W O R K

**Nordic Arts & Health Research Network meeting on 6-7 October 2022, Levanger, Norway**

Venue: [Nord university](#), Røstad, Levanger

**Programme:**

**Thursday 6<sup>th</sup> October**

Building: [Røstad Scene](#)

8.30–9.00 Registration

9.00–9.15 **Welcome**

Wenche Torrissen and Marit Stranden, Norwegian Resource Center for Arts and Health

9.15–10.15 Keynote: ***Joined up: networking towards a health-creating society***

Richard Ings, Arts Council England

10.15–10.30 Break and coffee

10.30–10.55 ***The theater project “Where did I go” (Hvor ble jeg av)***

Wigdis Helen Sæther, Norwegian University of Science and Technology (NTNU)

10.55–11.20 ***Creative Wellbeing: A co-creative exploration***

Wenche Torrissen, Volda University College & Norwegian Resource Centre for Arts and Health, Ann Iren Jamtøy, Norwegian University of Science and Technology (NTNU)

11.20–11.45 ***Wellbeing through psychodrama and the Morenian concept of creativity***

Siri Skar, University of Agder

11.45–13.15 Lunch at [Røstad Scene](#)

**Building:** [Røstad Scene](#)

13.15–13.35 ***Reconstructing notions of creativity in professional approaches of arts, health and wellbeing***

Sanna Kivijärvi & Laura Huhtinen-Hildén, Metropolia University of Applied Sciences

13.35–14.00 ***ArtWell: Investigating the Economic Impact of Cultural Well-being and Taking a Creative Leap***

Kai Lehtikainen & Taru Koivisto, University of the Arts Helsinki

14.00–14.25 ***Breast cancer survivors' related experiences and narrations in writing group***

Johanna Holopainen, University of Jyväskylä

**Room:** [2204](#), **Building:** Nylåna

14.30–15.00 Coffee/tee and fruit

15.00–15.25 ***Engaging With Visual Arts. Processes of Creative Potential***

Sofia Lång, Nord University

15.25–16.50 ***WORKSHOP: Windows and Visions at Creative Wellbeing***

Liisa-Maria Lilja-Viherlampi & Anna-Mari Rosenlöf, Turku University of Applied Sciences

16.50–17.00 Information of the evening program and Friday joint program with the Trøndelag County Public Health Conference

Snack to go

17.00 – 19.00 Things to do in Levanger

[A map of tours in Levanger](#)

- A walk at campus at «Kjærlighetsstien» (The path of love)
- City walks
- Visit Gallery Fenka - <https://www.gallerifenka.com/>
- Trønderhallen - swimmingpool, climbing wall, gym - <https://www.tronderhallen.no/>

19.00 – 23.00 Dinner with concert of the student house band REOL and bar at [Røstad Scene](#)

## **Friday 7<sup>th</sup> October**

**Room:** [Oransjesalen](#), **Building:** Nylåna

08.30–9.15 Coffee outside the auditorium

9.15–12.00 Joint programme with [The Trøndelag County Public Health Conference](#)

9.15–09.20 ***Kunstnerisk innslag / Artistic opening by students at Nord university***

9.20–9.25 ***Velkommen / Welcome***

Steinar Krokstad, leder i Folkehelsealliansen i Trøndelag / leader of the People's Health Alliance in Trøndelag County, and Wenche Torrissen, Nordic Arts & Health Research Network

9.25–9.40 ***Ny folkehelsemelding våren 2023 – hva blir viktigst i framtidens folkehelsepolitikk? / New public health report spring 2023 - what will be most important in future public health policy? (In Norwegian)***

Ingvild Kjerkol, Ministry of Health

9.40–10.05 Keynote: ***Conceiving 'creative health': how arts and culture can help to create healthier and happier communities***

Richard Ings, Arts Council England, [Creative Health & Wellbeing](#)

10.05–10.30 ***Økologisk økonomi for bærekraftig lokal samfunnsutvikling / Ecological economy for sustainable local community development (in Norwegian)***

Ove Jakobsen, professor Center for ecological economics and ethics, Nord university

10.30–11.00 ***Kan naturen hjelpe mennesker til bedre psykisk helse og økt livskvalitet? / Can nature help people to improve their mental health and increase their quality of life? (in Norwegian)***

Sigrid Rohde, adviser, KORUS; Kompetansensenter rus Midt-Norge, and Are Lerstien, daglig leder / CEO, Stiftelsen Medvandrerne

**Room:** [Ny2205](#), **Building:** Nylåna

10.00–12.00 **Parallel session in English**

10.05–10.30 ***Perspectives of well-being in university creative writing courses***

Karoliina Maanmieli, University of Jyväskylä

10.30–10.55 ***End-of-life documentaries: Desire for Reconciliation in Legacy Narratives***

Outi Hakola, University of Eastern Finland

10.55–11.55 **Poster session**

- ***On-line vs. On-site Dance for People with Parkinson's Disease***  
Lois Walton, Karlstad University
- ***Healthcare musicians: Examining hybrid music professionalism in the Finnish healthcare system***  
Taru Koivisto, University of the Arts Helsinki
- ***Arts on Referral (AoR), a salutogenic form of rehabilitation***  
Paula Bergman, Jönköping University

#### 11.00–12.00 Workshop sessions

- ***Sustainable and Healthy Working Life with the Arts: The HeArts - Health & Arts & Sustainability Program***  
Eva Bojner Horwitz, Royal College of Music & Karolinska institutet  
Room: [Ho354](#), Building: Hovedbygget
- ***Bålsamtalen – med naturen som metode / The campfire conversation - with nature as a method (in Norwegian)***  
Sigrid Rohde and Are Lerstien  
Building: [South-Sami "gamme"](#)
- ***ABC Hodebra i skolen, arbeidslivet og kommunene / ABC Hodebra in school, working life and municipalities / (in Norwegian)***  
Lisbeth Lein, The Red Cross Trøndelag, John Tore Vik Trøndelag County, Steinar Krokstad, head of the ABC-project  
Room: [Daniel Mortenson-salen](#) (Raudsalen), Nylåna

Room: [Ny2205](#), Building: Nylåna

12.00 End of the day and next meeting  
Lunch / Lunch to go

Nordic Arts & Health Research Network is funded by Nordic Culture Point.



**NORDIC-BALTIC  
MOBILITY  
PROGRAMME**

Culture

**TURKU AMK**  
TURKU UNIVERSITY OF  
APPLIED SCIENCES



Kultur, helse og omsorg  
NASJONALT KOMPETANSESENTER

**KMIH** Royal College  
of Music  
Stockholm



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HØGSKULEN  
I VOLDA