

# NORDIC ARTS & HEALTH RESEARCH NETWORK

**Nordic Arts & Health Conference on 10 May 2022, Stockholm, Sweden**

**Venue: Royal College of Music Stockholm (Valhallavägen 105)**

## **Programme:**

- 8.15–9.00 Registration (Main Hall)
- 9.00–9.10 Welcome: **Helena Wessman**, Vice-Chancellor, Royal College of Music & **Eva Bojner-Horwitz**, Professor, Royal College of Music
- 9.10–9.45 Keynote: *Arts and health and public health strategies*, **Steinar Krokstad**, Professor, HUNT Research Centre, NTNU, Norway
- 9.45–10.10 Keynote: *Arts and Health Policy in Finland*, **Taru Koivisto**, Director, Department for Wellbeing and Services, Ministry of Social Affairs and Health, Finland
- 10.10–10.30 Keynote: *How can we integrate arts and health at all relevant levels of EU policy?* **Pernille Weiss**, Member of the European Parliament, Denmark
- 10.30–10.45 **Filip Korosec**: marimba – activity together with the audience
- 10.45–11.30 Round table discussion on the Nordic arts & health policies  
**Suzanne Zimmer**, Member of Parliament, Denmark  
**Eeva-Johanna Eloranta**, Member of Parliament, Finland  
**Magnus Lunderquist**, Chair of the Culture Committee, Region Skåne, Sweden  
**Cecilia Elving**, Chair of the Culture Committee, Region Stockholm  
**Odd Håpnes**, Founder and former leader of the Norwegian Resource Centre for Arts & Health, Norway  
**Taru Koivisto**, Director, Department for Wellbeing and Services, Ministry of Social Affairs and Health, Finland

Chaired by **Wenche Torrissen**, Professor, Volda University College & The Norwegian Resource Centre for Arts and Health

11.30–13.00 Lunch

### **13.00–13.45 Breakout sessions 1**

#### **Session 1A: Dance for PD (1E 207)**

- 1. *Dance as Liberation to the Restrictions of the Body - the Participant's Experiences from Dance for PD***  
Åsa Elowson, Balettakademien in Stockholm
- 2. *Digital Dance for People with Parkinson's Disease: A Feasibility Study***  
Lois Walton, Karlstad University & Åsa N. Åström, Balettakademien Stockholm
- 3. *Workshop in Dance for PD*<sup>®</sup>**  
Åsa N. Åström & Ann-Sofie Tyrenberg, Balettakademien Stockholm

#### **Session 1B: Arts therapies (1D 221)**

- 1. *Art therapy grounded in neuroscience***  
Sara Stayne & Sophia Pankenier & Lotta Landegren Wesström, Child and Adolescent Mental Health Services & Municipal Social Services, Stockholm
- 2. *Building the Bridges: Dance and Movement Therapy for Families with the special child***  
Liva Kupca, Riga Stradins University & Simona Orinska, Mā Telpa & Kasper Spring Ehlers, Aalborg University & Elizabeth Jochum, Aalborg University
- 3. *Case study: The effect of dance movement therapy on body image and psychological well-being of a refugee client with PTSD diagnosis***  
Katri Heiskala, Universidad Nacional de las Artes, Buenos Aires

#### **Session 1C: Building bridges & structures between the sectors (Kungasalen)**

- 1. *Breaking silos: Using Kaikukortti as bridge builder between social- and healthcare sector and cultural actors***  
Seppo Mallenius (Kaiku Center, Culture for All Service):
- 2. *Building systemic change with national arts & health network***  
Anna-Mari Rosenlöf, Taikusydän, Turku University of Applied Sciences
- 3. *Region Skåne's strategy for Arts and Health 2022-2030***  
Anita Jensen & Bibbi Miegel Sandborg, Region Skåne

13.45–14.00 Break

## 14.00–14.45 Breakout sessions 2

### **Session 2A: Theatre, drama & mental health (Kungasalen)**

1. ***Anti-stigma theatre for people experiencing psychosis: Patients and personnel in participatory theatre for increasing health***  
Emma Lundenmark, Scen Totalnormal
2. ***The open frame – connections between mental health and the drama space in upper secondary education***  
Ellen Foyen Bruun, NTNU & Jorid Bakken Steigum, Vestre Viken Hospital Trust
3. ***The function of drama/theatre work in psychosis care from the patients' and caregivers' perspective***  
Eva Hallgren & Sofia Sedervall, Stockholm University

### **Session 2B: Supporting the creative wellbeing of older adults (1D 221)**

1. ***A cross-cultural framework for developing arts and health intervention for creative wellbeing of older adults***  
Dohee Lee & Masood Masoodian, Aalto University
2. ***Singing and reminiscing together: Benefits of The Music-Reminiscence Group for the elderly***  
Annika Tammela, University of Jyväskylä
3. ***Shared Reading in retirement – An ethnographic study of the collective dimensions of Shared Reading as mental health promotion for newly retired men in Denmark***  
Mette Marie Kristensen & Anna Paldam Folker, University of Southern Denmark

### **Session 2C: Cross-sectoral practices (1E 207)**

1. ***Cross-sectoral relationships in arts, health and wellbeing: An exploratory workshop on navigating your collaborations***  
Julia Puebla Fortier, London School of Hygiene and Tropical Medicine and Arts & Health South West
2. ***Adapted folk dance for vulnerable people aiming to increase wellbeing – A new cross-disciplinary practice in the making***  
Frederik Pustelnik & Gerda Hempel

14.45–15.00 Break

### 15.00–15.45 Breakout sessions 3

#### **Session 3A: The work of artists in cross-disciplinary settings (Kungasalen)**

1. ***Musicians in paediatric care – a growing profession for health and wellbeing***  
Louise Eulau & Anna-Karin Kuuse, Sophiahemmet University & Ann-Sofie Paulander, Royal College of Music in Stockholm
2. ***What is the role of the artist and who writes the cross-disciplinary agenda?***  
Karsten Auerbach & Susie Andersen
3. ***Community artists' special skills?***  
Niina Oinas, University of Lapland

#### **Session 3B: Arts in education and learning (1D 221)**

1. ***Changing the art of elderly nursing care: Implementing a creative person-centered care approach in Finnish nursing education***  
Emilia Viklund & Heli Vaartio-Rajalin, Åbo Akademi
2. ***Making culture equal – cultural education plans in Finland***  
Aleksi Valta, Association of Finnish Children's Cultural Centers
3. ***Social Emotional Learning in the Classroom***  
Abigail Harkey, University of Oulu

#### **Session 3C: Arts interventions supporting wellbeing of people with long-term conditions (1E 207)**

1. ***Lived experience through digital storytelling – a part of a complex intervention that aims to see and strengthens roles and relationship***  
Heike McClellan & Eskil Degsell, Swedish Brain Tumour Association & Marie Fält & Anki von Vogelsang, Karolinska University Hospital & Petter Gustavsson, Karolinska Institutet
2. ***Recommendations for promoting online and physical Shared Reading groups at local cancer organizations***  
Tine Riis Andersen, University of Stavanger
3. ***The roles of music in promotion of well-being: Accounts of adults on the autism spectrum***  
Kaja Korošec & Eva Bojner-Horwitz & Walter Osika, Karolinska Institutet, Royal College of Music, Stockholm

15.45–16.00 Reflections of the day

Nordic Arts & Health Research Network is funded by Nordic Culture Point.



**NORDIC-BALTIC  
MOBILITY  
PROGRAMME**

**Culture**

